

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2023

Reminiscence Neighborhood – Unit 3

							10:00-Morning Stretch 10:30-Multisensory-see, hear, taste, smell and touch 1:00-Relaxation-White Noise 2:00-Ring Toss 2:30-Hydration Cart-CNA's 3:00-Musicals 4:00-Reminisce with Me 6:00-Movie <small>Canada Day</small>	1					
10:00-Morning Stretch 10:30-Multisensory 1:00-Relaxation-White Noise 2:00-Bean Bag Toss 2:30-Hydration cart-CNA's 3:00-Table Top Activities 3:30-Creative Corner 4:00-Reminisce with Me 6:00-Movie	2	10:00-Morning Movement 10:30-Coloring Corner 1:00-Relaxation-White Noise 2:00-Table Top Activities 2:00-BINGO (MDR) 2:30-Hydration Cart-CNA's 3:00-BINGO 4:00-Humor Me 6:00-Word Games	3	10:00-Tune it Up Tuesday 10:30-Coloring Corner 1:00-Relaxation/Recharge 2:00-Spa Day 2:00-4 th of July Celebration MDR 2:30-Hydration Cart-CNA's 3:00-Moving to Music 4:00-Reminisce with Me 6:00-Musical video <small>Canada Day (US)</small>	4	10:00-Wednesday Work-Out 10:30-Busy Hands 10:45-Yoga Aerobics (MDR) 2:00-Entertainment/ w/Cameron MDR 2:30-Hydration Cart-CNA's 2:30-Balloon Volleyball/ball toss 4:00-Sing-along 6:00-Faces & Places	5	10:00-Moving to Music 10:30-Multisensory 1:00-Relaxation-Recharge 2:00-Coffee & Donut Social (MDR) 2:30-Hydration Cart-CNA's 3:00-Word Games 4:00-Reminisce with Me 6:00-Circle of Friends	6	10:00-Wake Up Stretch 10:30-Coloring Corner 1:00-Relaxation-White Noise 2:30-*Mass w/St. Mary's MDR 2:30-Hydration Cart-CNA's 3:00-Table Top Games 3:30-1:1 Communion Visits 4:00-Sing-along 6:00-Word games	7	10:00-Morning Stretch 10:30-Multisensory-see, hear, taste, smell and touch 1:00-Relaxation-White Noise 2:00-Ring Toss 2:30-Hydration Cart-CNA's 3:00-Musicals 4:00-Reminisce with Me 6:00-Movie	8
10:00-Morning Stretch 10:30-Multisensory 1:00-Relaxation-White Noise 2:00-Bean Bag Toss 2:30-Hydration cart-CNA's 3:00-Table Top Activities 3:30-Creative Corner 4:00-Reminisce with Me 6:00-Movie	9	10:00-Morning Movement 10:30-Coloring Corner 1:00-Relaxation-White Noise 2:00-Table Top Activities 2:00-BINGO (MDR) 2:30-Hydration Cart-CNA's 3:00-BINGO 4:00-Humor Me 6:00-Word Games	10	10:00-Tune it Up Tuesday 10:30-Coloring Corner 1:00-Relaxation/Recharge 2:00-Spa Day 2:30-Hydration Cart-CNA's 3:00-Moving to Music 4:00-Reminisce with Me 6:00-Entertainment w/Bill McCarthy	11	10:00-Wednesday Work-Out 10:30-Busy Hands 1:00-Relaxation-White Noise 2:00-Moving to Music 2:00-Balloon Volleyball/ball toss 2:30-Hydration Cart CNA's 2:30-Balloon Volleyball/ball toss 6:00-Name 5	12	10:00-Coffee & Donut Social (MDR) 10:00-Moving to Music 10:30-Multisensory 1:00-Relaxation-Recharge 2:00-BINGO (MDR) 2:30-Hydration Cart-CNA's 3:00-Word Games 4:00-Reminisce with Me	13	10:00-Wake Up Stretch 10:30-Coloring Corner 1:00-Relaxation-White Noise 2:00-Ball Toss 2:00-Movie Matinee (MDR) 2:30-Hydration Cart-CNA's 3:00-Table Top Games 4:00-Sing-along 6:00-Busy Hands	14	10:00-Morning Stretch 10:30-Multisensory-see, hear, taste, smell and touch 1:00-Relaxation-White Noise 2:00-Ring Toss 2:30-Hydration Cart-CNA's 3:00-Musicals 4:00-Reminisce with Me 6:00-Movie	15
10:00-Morning Stretch 10:30-Multisensory 1:00-Relaxation-White Noise 2:00-Bean Bag Toss 2:30-Hydration cart-CNA's 3:00-Table Top Activities 3:30-Creative Corner 4:00-Reminisce with Me 6:00-Movie	16	10:00-Morning Movement 10:30-Coloring Corner 1:00-Relaxation-White Noise 2:00-Table Top Activities 2:00-BINGO (MDR) 2:30-Hydration Cart-CNA's 3:00-BINGO 4:00-Humor Me 6:00-Word Games	17	10:00-Tune it Up Tuesday 10:30-Coloring Corner 1:00-Relaxation/Recharge 2:00-Monthly Birthday Party w/Bill McCarthy (MDR) 2:30-Hydration Cart-CNA's 3:00-Moving to Music 4:00-Reminisce with Me 6:00-Music Appreciation	18	10:00-Wednesday Work-Out 10:30-Busy Hands 10:45-Yoga Aerobics (MDR) 2:00-Moving to Music 2:00-BINGO (MDR) 2:30-Hydration Cart-CNA's 2:30-Balloon Volleyball/ball toss 4:00-Sing-along 6:00-Faces & Places	19	10:00-Moving to Music 10:30-Multisensory 1:00-Relaxation-Recharge 2:00-Coffee & Donut Social (MDR) 2:30-Hydration Cart-CNA's 3:00-Word Games 4:00-Reminisce with Me 6:00-Circle of Friends	20	10:00-Wake Up Stretch 10:30-Coloring Corner 1:00-Relaxation-White Noise 2:30-Ice Cream Sundaes MDR 3:00-Table Top Games 3:30-1:1 Communion Visits 4:00-Sing-along 6:00-Word games	21	10:00-Morning Stretch 10:30-Multisensory-see, hear, taste, smell and touch 1:00-Relaxation-White Noise 2:00-Ring Toss 2:30-Hydration Cart-CNA's 3:00-Musicals 4:00-Reminisce with Me 6:00-Movie	22
10:00-Morning Stretch 10:30-Multisensory 1:00-Relaxation-White Noise 2:00-Bean Bag Toss 2:30-Hydration cart-CNA's 3:00-Table Top Activities 3:30-Creative Corner 4:00-Reminisce with Me 6:00-Movie	23	10:00-Morning Movement 10:30-Coloring Corner 1:00-Relaxation-White Noise 2:00-Table Top Activities 2:00-BINGO (MDR) 2:30-Hydration Cart-CNA's 3:00-BINGO 4:00-Humor Me 6:00-Word Games	24	10:00-Tune it Up Tuesday 10:30-Coloring Corner 1:00-Relaxation/Recharge 2:00-Spa Day 2:30-Hydration Cart-CNA's 3:00-Moving to Music 4:00-Reminisce with Me 6:00-Musical video	25	10:00-Wednesday Work-Out 10:30-Busy Hands 1:00-Relaxation-White Noise 2:00-Moving to Music 2:00-BINGO (MDR) 2:30-Hydration Cart CNA's 2:30-Balloon Volleyball/ball toss 4:00-Sing-along 6:00-Name 5	26	10:00-Coffee & Donut Social MDR 10:00-Moving to Music 10:30-Multisensory 1:00-Relaxation-Recharge 2:00-Entertainment w/Heather R. 2:30-Hydration Cart-CNA's 3:00-Word Games 4:00-Reminisce with Me 6:00-Circle of Friends	27	10:00-Wake Up Stretch 10:30-Coloring Corner 1:00-Relaxation-White Noise 2:00-Ball Toss 2:00-Movie Matinee (MDR) 2:30-Hydration Cart-CNA's 3:00-Table Top Games 4:00-Sing-along 6:00-Busy Hands	28	10:00-Morning Stretch 10:30-Multisensory-see, hear, taste, smell and touch 1:00-Relaxation-White Noise 2:00-Ring Toss 2:30-Hydration Cart-CNA's 3:00-Musicals 4:00-Reminisce with Me 6:00-Movie	29
10:00-Morning Stretch 10:30-Multisensory 1:00-Relaxation-White Noise 2:00-Bean Bag Toss 2:30-Hydration cart-CNA's 3:00-Table Top Activities 3:30-Creative Corner 4:00-Reminisce with Me 6:00-Movie	30	10:00-Morning Movement 10:30-Coloring Corner 1:00-Relaxation-White Noise 2:00-Table Top Activities 2:00-BINGO (MDR) 2:30-Hydration Cart-CNA's 3:00-BINGO 4:00-Humor Me 6:00-Word Games	31										

MDR=Main Dining Room
DR=Day Room - unit 1
CY=Courtyard

All activities are subject to change to better meet the needs of our residents

All outdoor activities are weather permitting