

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2018

<p>7:15 Breakfast Club 9:00 Namaste 10:30 Sing-Along 11:30 Table Talk 1:00 Serene Transitions 2:00 Tuesday Trivia 3:15 Bowling 6:15 Tranquility Time</p> <p style="text-align: center;">May Day</p>	<p>7:15 Breakfast Club 1 9:00 Namaste 10:30 Move N Groove 11:30 Table Talk 1:00 Serene Transitions 2:00 Magazine Corner <u>2:30 Entertainer Jeff Thomas/ MDR</u> 6:15 Tranquility Time</p>	<p>7:15 Breakfast Club 2 9:00 Namaste 10:30 Exercise Group 11:30 Table Talk 1:00 Serene Transitions 2:00 Bingo 3:15 Sport Arena 6:15 Tranquility Time</p>	<p>7:15 Breakfast Club 3 9:00 Namaste 10:30 Friday Fitness 11:30 Table Talk 1:00 Serene Transitions <u>2:30 Lester Hirsh/ MDR</u> 3:15 Horse Race Game 6:15 Tranquility Time</p>	<p>7:15 Breakfast Club 4 9:00 Namaste 10:30 Saturday Stretch 11:30 Life Skills 1:00 Serene Transitions <u>2:30 Aerobics W/ Jorge</u> 3:15 Aqua painting 6:15 Tranquility Time</p> <p style="text-align: center;">Cinco de Mayo</p>		
<p>7:15 Breakfast Club 6 9:00 Namaste 10:30 Spiritual Sunday 11:30 Life Skills 1:00 Serene Transitions 2:00 Spring Craft 3:15 Good Old Days 6:15 Sunday Night Movie</p>	<p>7:15 Breakfast Club 7 9:00 Namaste 10:30 Sing-Along 11:30 Table Talk 1:00 Serene Transitions <u>2:30 Tony D/ Resident B-day party</u> 3:15 Ring Toss 6:15 Tranquility Time</p>	<p>7:15 Breakfast Club 8 9:00 Namaste 10:30 Sit N Be Fit 11:30 Table Talk 1:00 Serene Transitions <u>2:30 Aerobics w/ Jorge</u> 3:15 Painting 6:15 Tranquility Time</p>	<p>7:15 Breakfast Club 9 9:00 Namaste <u>10:30 Communion</u> 11:30 Table talk 1:00 Serene Transitions 2:00 Spring Word Game 3:15 Conversation Ball 6:15 Tranquility Time</p>	<p>7:15 Breakfast Club 10 9:00 Namaste 10:30 Senior Stretch 11:30 Table Talk 1:00 Serene Transitions 2:00 Resident Choice <u>3:30 Lila's Guitar</u> 6:15 Tranquility Time</p>	<p>7:15 Breakfast Club 11 9:00 Namaste 10:30 Friday Fitness 11:30 Table Talk 1:00 Serene Transitions <u>2:00 Mother's Day Celebration/ entertainment By Clyde Wheatley</u> 6:15 Tranquility Time</p>	<p>7:15 Breakfast Club 12 9:00 Namaste 10:30 Saturday Stretch 11:30 Life Skills 1:00 Serene Transitions 2:00 Group Sing-Along 3:15 Basketball 6:15 Tranquility Time</p>
<p>7:15 Breakfast Club 13 9:00 Namaste 10:30 Spiritual Sunday 11:30 Life Skills 1:00 Serene Transitions <u>2:00 Mother's Day Humor</u> 3:15 Remember When 6:15 Sunday Night Movie</p> <p style="text-align: center;">Mother's Day</p>	<p>7:15 Breakfast Club 14 9:00 Namaste 10:30 Sing-Along 11:30 Table Talk 1:00 Serene Transitions <u>2:30 Silver Moon Gypsies</u> 3:15 Monday Manicures 6:16 Tranquility Time</p>	<p>7:15 Breakfast Club 15 9:00 Namaste 10:30 Let's get Moving 11:30 Table Talk 1:00 Serene Transitions <u>2:30 Mr. Magic /MDR</u> 3:15 Tuesday Trivia 6:15 Tranquility Time</p>	<p>7:15 Breakfast Club 16 9:00 Namaste 10:30 Senior Stretch 11:30 Table Talk 1:00 Serene Transitions <u>2:30 Peace Art W/ Pam</u> 3:30 Sports Arena 6:15 Tranquility Time</p> <p style="text-align: center;">First Day of Ramadan</p>	<p>7:15 Breakfast Club 17 9:00 Namaste 10:30 Senior Stretch 11:30 Table Talk 1:00 Serene Transitions <u>2:30 Clowning around w/Cindy</u> 3:15 Bean Bag Toss 6:15 Tranquility Time</p>	<p>7:15 Breakfast Club 18 9:00 Namaste 10:30 Friday Fitness 11:30 Table Talk 1:00 Serene Transition <u>1:45 Make your own sundaes</u> 3:30 Basket Ball 6:15 Tranquility Time</p>	<p>7:15 Breakfast Club 19 9:00 Namaste 10:30 Saturday Stretch 11:30 Life Skills 1:00 Serene Transitions <u>2:30 Aerobics with Jorge</u> 3:30 Trivia 6:15 Tranquility Time</p> <p style="text-align: center;">Armed Forces Day</p>
<p>7:15 Breakfast Club 20 9:00 Namaste 10:30 Spiritual Sunday 11:30 Life Skills 1:00 Serene Transitions 2:00 Scabby Queen Card Game 3:15 Down Memory Lane 6:15 Sunday Night Movie</p> <p style="text-align: center;">First Day of Shavuot</p>	<p>7:15 Breakfast Club 21 9:00 Namaste <u>10:00 Baking Pineapple coconut cake</u> 11:30 Table Talk 1:00 Serene Transitions 2:00 Monday Manicures 3:15 Horse Race Game 6:15 Tranquility Time</p>	<p>7:15 Breakfast Club 22 9:00 Namaste 10:30 Moving and Grooving 11:30 Table Talk 1:00 Serene Transitions <u>2:30 Around the World to Hawaii/ with Marti Sawyer</u> 3:30 Tuesday Trivia 6:15 Tranquility Trivia</p>	<p>7:15 Breakfast Club 23 9:00 Namaste 10:30 Noodle exercise 11:30 Table Talk 1:00 Serene Transitions <u>2:00 Stamped Tulip Cards</u> 3:15 Ring Toss 6:15 Tranquility Time</p>	<p>7:15 Breakfast Club 24 9:00 Namaste 10:30 Senior Stretch 11:30 Table Talk 1:00 Serene Transitions <u>2:30 Aerobics w/ Jorge</u> 3:15 Sketching 6:15 Tranquility Time</p>	<p>7:15 Breakfast Club 25 9:00 Namaste 10:30 Friday Fitness 11:30 Table Talk 1:00 Serene Transition 2:00 Word Games 3:15 Sports Arena 6:15 Tranquility Time</p>	<p>7:15 Breakfast Club 26 9:00 Namaste 10:30 Friday Fitness 11:30 Life Skills 1:00 Serene Transitions 2:00 Board Games 3:15 Table Ball 6:15 Tranquility Time</p>
<p>7:15 Breakfast Club 27 9:00 Namaste 10:30 Spiritual Sunday 11:30 Life Skills 1:00 Serene Transitions 2:00 Reminisce 3:15 Bingo 6:15 Sunday Night Movie</p>	<p>7:15 Breakfast Club 28 9:00 Namaste 10:30 Sing-Along 11:30 Table Talk 1:00 Serene Transitions 2:00 Monday Manicures 3:15 Adult Coloring 6:15 Tranquility Time</p> <p style="text-align: center;">Memorial Day</p>	<p>7:15 Breakfast club 29 9:00 Namaste 10:30 Sit N Be fit 11:30 Table Talk 1:00 Serene Transitions 2:00 Starts With..... 3:15 Clover all over 6:15 Tranquility Time</p>	<p>7:15 Breakfast Club 30 9:00 Namaste <u>10:30 Tap N Time</u> 11:30 Table Talk 1:00 Serene Transitions 2:00 Puzzles/Board Games 3:15 Resident Choice 6:15 Tranquility Time</p>	<p>7:15 Breakfast Club 31 9:00 Namaste 10:30 Moving to Music 11:30 Table Talk 1:00 Serene Transitions 2:00 Bird house Art 3:15 Bowling 6:15 Tranquility Time</p>		