

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



7:15 Breakfast Club
9:00 Namaste
10:30 Scarf Dancing
11:30 Table Talk
1:00 Serene Transitions
2:30 New Year's Social
3:30 Sports Arena
6:15 Tranquility Time

New Year's Day

7:15 Breakfast Club
9:00 Namaste
10:30 Senior Stretch
11:30 Table Talk
1:00 Serene Transitions
2:00 Pet Visits w/Luna
3:30 Base Ball
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Moving to Music
11:30 Table Talk
1:00 Serene Transitions
2:00 Choc Covered Cherries Day
3:30 Bowling
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Friday Fitness
11:30 Table Talk
1:00 Serene Transitions
2:30 Let's get crafty
3:30 Down Memory Lane
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Saturday Stretch
11:30 Table Talk
1:00 Serene Transitions
2:30 Jorge's Aerobics
3:30 Jigsaw Puzzles
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Spiritual Sunday
11:30 Life Skills
1:00 Serene Transitions
2:00 Creative Corner
3:30 Remember When
6:15 Sunday Night Movie

7:15 Breakfast Club
9:00 Namaste
10:30 Monday Manicures
11:30 Table Talk
1:00 Serene Transitions
2:30 Word Scramble
3:30 Resident Choice
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Sit N Be Fit
11:30 Table Talk
1:00 Serene Transitions
2:00 Thursday Trivia
3:30 Conversation Ball
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Communion Service
11:30 Table Talk
1:00 Serene Transitions
2:00 Word Games
3:30 Horse Race game
6:15 Tranquility time

7:15 Breakfast Club.
9:00 Namaste
10:30 Senior Stretch
11:30 Table Talk
1:00 Serene Transitions
2:00 Sand Art
3:30 Lila's Guitar
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Friday Fitness
11:30 Table Talk
1:00 Serene Transitions
2:30 English Muffin Pizza
3:30 Remember When
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Saturday Stretch
11:30 Table Talk
1:00 Serene Transitions
2:30 It's Time For Laughter
3:30 Bowling
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Spiritual Sunday
11:30 Life Skills
1:00 Serene Transitions
2:00 Creative Corner
3:30 Down Memory Lane
6:15 Sunday Night Movie

7:15 Breakfast Club
9:00 Namaste
10:30 Monday Manicures
11:30 Table Talk
1:00 Serene Transitions
2:30 Craft
3:30 Sports Arena
6:16 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Moving to Music
11:30 Table Talk
1:00 Serene Transitions
2:00 Resident B-day Party
3:30 Corn Hole
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Senior Stretch
11:30 Table Talk
1:00 Serene Transitions
2:30 Jorge's Aerobics
3:30 Puzzles & More
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Tap N Time
11:30 Table Talk
1:00 Serene Transitions
2:00 Craft
3:30 Ring Toss
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Friday Fitness
11:30 Table Talk
1:00 Serene Transitions
2:30 January Trivia
3:30 Positive Thoughts
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Saturday Stretch
11:30 Table Talk
1:00 Serene Transitions
2:30 Bingo
3:30 Floor Darts
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Spiritual Sunday
11:30 Life Skills
1:00 Serene Transitions
2:00 Root Beer Floats
3:30 Magazines & Puzzles
6:15 Sunday Night Movie

7:15 Breakfast Club
9:00 Namaste
10:30 Monday Manicures
11:30 Table Talk
1:00 Serene Transitions
2:30 Wacky Trivia
3:30 Conversation Ball
6:15 Tranquility Time

Martin Luther King Day
Tu B'Shevat

7:15 Breakfast Club
9:00 Namaste
10:30 Exercise Group
11:30 Table Talk
1:00 Serene Transitions
2:00 Pudding Clouds
3:30 Bingo
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Seat Works
11:30 Table Talk
1:00 Serene Transitions
2:00 Pet Visits W/ Luna
3:30 Kick Ball
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Scarf Dancing
11:30 Table Talk
1:00 Tranquility Time
2:00 Strawberry Ice Cream Day/Social
3:30 Bean Bag Toss
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Friday Fitness
11:30 Table Talk
1:00 Serene Transitions
2:30 The Good Ole Day's
3:30 Corn Hole
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Saturday Stretch
11:30 Table Talk
1:00 Serene Transitions
2:30 Jorge's Aerobics
3:30 Let's Reminisce
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Spiritual Sunday
11:30 Life Skills
1:00 Serene Transitions
2:00 Creative Corner
6:15 Sunday Night Movie

7:15 Breakfast Club
9:00 Namaste
10:30 Monday Manicures
11:30 Table Talk
1:00 Serene Transitions
2:30 Marshmallow Monday
3:30 Corn Hole
6:15 Tranquility Time

Australia Day (observed)

7:15 Breakfast Club
9:00 Namaste
10:30 Let's Get Moving
11:30 Table Talk
1:00 Serene Transitions
2:30 Entertainment MDR
3:30 Ring Toss
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Easy stretch
11:30 Table Talk
1:00 Serene Transitions
2:30 Jorge's Aerobics
3:30 Clover All Over
6:15 Tranquility Time

7:15 Breakfast Club
9:00 Namaste
10:30 Seat Works
11:30 Table Talk
1:00 Serene Transitions
3:30 Horse Race
6:15 Tranquility Time

