

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# DECEMBER 2017

## Treasured Moments Neighborhood



7:30 Breakfast Club  
 9:00 Namaste  
 10:30 Friday Fitness  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 TV Show Bingo  
 3:15 Manicures  
 6:15 Tranquility Time

7:30 Breakfast Club **2**  
 9:00 Namaste  
 10:30 Saturday Stretch  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 What's in a Name  
 3:15 Saturday Matinee  
 6:15 Tranquility Time

7:30 Breakfast Club **3**  
 9:00 Namaste  
 10:30 Sunday Spiritual  
 11:30 Life Skills  
 1:00 Serene Transitions  
 2:00 Creative Corner  
 3:15 Rosary  
 6:15 Sunday night Movie

7:30 Breakfast Club **4**  
 9:00 Namaste  
 10:30 Friends Sing-Along  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 Cut Card Bingo  
 3:15 Places & Faces  
 6:15 Tranquility Time

7:30 Breakfast Club **5**  
 9:00 Namaste  
 10:30 Sit & Be Fit  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:30 *Around the World Italy/ Entertainment MDR*  
 6:15 Tranquility Time

7:30 Breakfast Club **6**  
 9:00 Namaste  
 10:30 Communion Service  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 Baking Muffins  
 3:15 Holiday sing-along  
 6:15 Tranquility Time

7:30 Breakfast Club **7**  
 9:00 Namaste  
 10:30 Senior Stretch  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 Table Games  
 3:15 Stencil Painting  
 6:15 Tranquility Time

7:30 Breakfast Club **8**  
 9:00 Namaste  
 10:30 Friday Fitness  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 Winter Detective  
 3:15 Toss and Sing  
 6:15 Tranquility Time

7:30 Breakfast Club **9**  
 9:00 Namaste  
 10:30 Saturday Stretch  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 Puzzles Pieces  
 3:15 Rhymes w/ Snow  
 6:15 Tranquility Time

7:30 Breakfast Club **10**  
 9:00 Namaste  
 10:30 Sunday Spiritual  
 11:30 Life Skills  
 1:00 Serene Transitions  
 2:00 Creative Corner  
 3:15 Hats Bingo  
 6:15 Sunday night movie

7:30 Breakfast Club **11**  
 9:00 Namaste  
 10:30 Friends Sing-Along  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 What's in a Word  
 3:15 Sketching  
 6:16 Tranquility Time

7:30 Breakfast Club **12**  
 9:00 Namaste  
 10:30 Baseball  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:30 *Aerobics/with Jorge*  
 3:30 Painting  
 6:15 Tranquility Time  
First Day of Hanukkah

7:30 Breakfast Club **13**  
 9:00 Namaste  
 10:30 Ball Toss  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 Holiday Craft  
 3:15 Card Sharks  
 6:15 Tranquility Time

7:30 -Breakfast Club **14**  
 9:00 Namaste  
 10:00 *Pre -School Caroling*  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 Bake Group  
 3:30 *Lila's Guitar*  
 6:15 Tranquility Time

7:30 Breakfast Club **15**  
 9:00 Namaste  
 10:30 Friday Fitness  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 Adult Coloring  
 3:15 Let's Get Singing  
 6:15 Tranquility Time

7:30 Breakfast Club **16**  
 9:00 Namaste  
 10:30 Saturday Fitness  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:30 *FAMILY HOLIDAY GATHERING/ MDR WITH ENTERTAINMENT*

7:30 Breakfast Club **17**  
 9:00 Namaste  
 10:30 Sunday Spiritual  
 11:30 Life Skills  
 1:00 Serene Transitions  
 2:00 Creative Corner  
 3:15 Rosary  
 6:15 Sunday Night Movie

7:30 Breakfast Club **18**  
 9:00 Namaste  
 10:30 Friends Sing-Along  
 11:30 Table Talk  
 1:00 *Serene Transitions*  
 2:00 *Cookie Social*  
 3:15 Holiday Trivia  
 6:15 Tranquility Time

7:30 Breakfast Club **19**  
 9:00 Namaste  
 10:30 Sit N Be fit  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:30 *Birthday Party*  
 3:15 Bowling  
 6:15 Tranquility Time

7:30 Breakfast Club **20**  
 9:00 Namaste  
 10:30 Senior Stretch  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 Group Solitaire  
 3:30 Magazine Corner  
 6:15 tranquility Time

7:30 Breakfast club **21**  
 9:00 Namaste  
 10:30 Senior Stretch  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 Christmas Trivia  
 3:15 Holiday sing-along  
 6:16 Tranquility Time  
Winter Begins

7:15 Breakfast Club **22**  
 9:00 Namaste  
 10:30 Friday Fitness  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 ELF jokes  
 3:15 Manicures  
 6:15 Tranquility Time

7:15 Breakfast Club **23**  
 9:00 Namaste  
 10:30 Saturday Fitness  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 Santa Word Game  
 3:15 Finish The Drawing  
 6:15 Tranquility Time

7:15 Breakfast Club **24**  
 9:00 Namaste  
 10:30 Sunday Spiritual  
 11:30 Life Skill  
 2:00 Rosary  
 3:15 Creative Corner  
 6:15 The Night Before Christmas Reading

*Merry Christmas!!* **25**  
 9:00 Namaste  
 10:30 Santa Visits  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 Christmas Songs  
 3:15 painting  
 6:15 Tranquility Time-  
Christmas Day

7:30 Breakfast Club **26**  
 9:00 Namaste  
 10:30 Tai Chi  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 Begins with....  
 3:15 Wildlife Wonder  
 6:15 Tranquility Time  
Kwanzaa Begins

7:15 Breakfast Club **27**  
 9:00 Namaste  
 10:30 Baking Group  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 TV show Bingo  
 3:15 Adult Coloring  
 6:15 Tranquility Time

7:15 Breakfast Club **28**  
 9:00 Namaste  
 10:30 Musical Scarves  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 Seasonal Trivia  
 3:15 *Kathryn's Guitar*  
 6:15 Tranquility Time

7:15 Breakfast Club **29**  
 9:00 Namaste  
 10:30 Friday Fitness  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 Puzzles/Magazines  
 3:15 Toss and Sing  
 6:15 Tranquility Time

7:15 Breakfast Club **30**  
 9:00 Namaste  
 10:30 Saturday Fitness  
 11:30 Table Talk  
 1:00 Serene Transitions  
 2:00 Rhyme Time  
 3:15 Cut Card Bingo  
 6:15 Tranquility Time

7:15 Breakfast Club **31**  
 9:00 Namaste  
 10:30 Sunday Spiritual  
 11:30 Life skill  
 2:30 New Year's Bash  
 3:30 Creative Corner  
 6:15 Sunday Night Movie  
New Year's Eve



**EVENING NAMASTE PROGRAM OFFERED DAILY @ 6:15**  
**DAILY EVENING TEA SOCIAL OFFERED @ 8:15pm**  
**HAPPY HOLIDAY'S FROM OUR FAMILY TO YOUR'S**

