

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:15 Breakfast Club 1 9:00 Namaste 10:30 Spiritual Sunday 11:30 Life Skills 1:00 Serene Transitions <u>1:45 Egg Decorating</u> 3:15 Remember When 6:15 Sunday Night Movie  <small>All Fools' Day Easter Sunday</small>	7:15 Breakfast Club 2 9:00 Namaste 10:30 Sing-Along 11:30 Table Talk 1:00 Serene Transitions 2:00 Monday Manicures 3:15 Toss & Sing 6:15 Tranquility Time	7:15 Breakfast Club 3 9:00 Namaste 10:30 Fan Exercise 11:30 Table Talk 1:00 Serene Transitions 2:00 Tuesday Trivia 3:15 Ring Toss 6:15 Tranquility Time	7:15 Breakfast Club 4 9:00 Namaste 10:30 Move N Groove 11:30 Table Talk 1:00 Serene Transitions 2:00 Magazine Corner 3:15 Adult Coloring 6:15 Tranquility Time	7:15 Breakfast Club 5 9:00 Namaste 10:30 Move N Groove 11:30 Table Talk 1:00 Serene Transitions <u>2:00 Red Sox Opening day</u> 3:15 Rhymes with 6:15 Tranquility Time	7:15 Breakfast Club 6 9:00 Namaste 10:30 Friday Fitness 11:30 Table Talk 1:00 Serene Transitions 2:00 Baseball Trivia 3:15 Sports Arena 6:15 Tranquility Time	7:15 Breakfast Club 7 9:00 Namaste 10:30 Saturday Stretch 11:30 Table Talk 1:00 Serene Transitions <u>2:30 Aerobics w/ Jorge</u> 3:15 Aqua Painting 6:15 Tranquility Time
7:15 Breakfast Club 8 9:00 Namaste 10:30 Spiritual Sunday 11:30 Life Skills 1:00 Serene Transitions 2:00 Creative Corner 3:15 Down Memory Lane 6:15 The Walton's	7:15 Breakfast Club 9 9:00 Namaste 10:30 Sing-Along 11:30 Table Talk 1:00 Serene Transitions 2:00 Monday Manicures 3:15 Painting 6:15 Tranquility Time	7:15 Breakfast Club 10 9:00 Namaste 10:30 Sit N Fit 11:30 Table Talk 1:00 Serene Transitions <u>2:30 Aerobics w/ Jorge</u> 3:15 Tuesday Trivia 6:15 Tranquility Time	7:15 Breakfast Club 11 9:00 Namaste 10:30 Communion 11:30 Table Talk 1:00 Serene Transitions 2:00 Sketching 3:15 Basketball 6:15 Tranquility Time	7:15 Breakfast club 12 9:00 Namaste 10:30 Senior Stretch 11:30 Table Talk 1:00 Serene Transitions 2:00 Rhymes with Bingo <u>3:30 Lila's Guitar</u> 6:15 Tranquility Time	7:15 Breakfast Club 13 9:00 Namaste 10:30 Friday Fitness 11:30 Table Talk 1:00 Serene Transitions 2:00 Adult Coloring 3:15 Bowling 6:16 Tranquility Time	7:15 Breakfast Club 14 9:00 Namaste 10:30 Saturday Stretch 11:30 Table Talk 1:00 Serene Transitions 2:00 Group Sing-Along 3:15 Conversation Ball 6:15 Tranquility Time
7:15 Breakfast Club 15 9:00 Namaste 10:30 Spiritual Sunday 11:30 Life Skills 1:00 Serene Transitions 2:00 Creative Corner 3:15 Good old Day's 6:16 Sunday Night Movie	7:15 Breakfast Club 16 9:00 Namaste 10:30 Sing-Along 11:30 Table Talk 1:00 Serene Transitions 2:00 Monday Manicures 3:15 Table Ball 6:15 Tranquility Time	7:15 Breakfast Club 17 9:00 Namaste 10:30 Move and Groove 11:30 Table Talk 1:00 Serene Transitions 2:00 Tuesday Word Game 3:15 Sports Arena 6:15 Tranquility Time	7:15 Breakfast Club 18 9:00 Namaste 10:30 Scarf Exercise 11:30 Table Talk 1:00 Serene Transitions <u>2:30 Peace Art with Pam</u> <u>2:30 Resident B-day Party</u> 3:30 Resident Choice 6:15 Tranquility Time	7:15 Breakfast Club 19 9:00 Namaste 10:30 Sit N Be Fit 11:30 Table Talk 1:00 Serene Transitions 2:00 Adult Coloring 3:00 Ring Toss <u>4:30 Spring Family Dinner</u> <u>With Entertainment/ MDR</u>	7:15 Breakfast Club 20 9:00 Namaste 10:30 Fan Exercise 11:30 Table Talk 1:00 Serene Transitions <u>2:00 Root Beer Float Social</u> 3:15 Sport Arena 6:15 Tranquility Time	7:15 Breakfast Club 21 9:00 Namaste 10:30 Saturday Stretch 11:30 Table Talk 1:00 Serene Transitions <u>2:30 Aerobics w/ Jorge</u> 3:15 Baseball 6:15 Tranquility Time
7:15 Breakfast Club 22 9:00 Namaste 10:30 Spiritual Sunday 11:30 Life Skills 1:00 Serene Transitions 2:00 <u>Earth Day Quotes</u> 3:15 Memories 6:15 Sunday Night Movie  <small>Earth Day</small>	7:15 Breakfast Club 23 9:00 Namaste 10:30 Sing-Along 11:30 Table Talk 1:00 Serene Transitions <u>2:00 Make your own</u> <u>sundaes</u> 3:15 Horse Race Game 6:15 Tranquility Time	7:15 Breakfast Club 24 9:00 Namaste 10:30 Move N Groove 11:30 Table Talk 1:00 Serene Transitions <u>2:30 Around The</u> <u>World/Greece</u> 3:30 Bingo 6:15 Tranquility Time	7:15 Breakfast Club 25 9:00 Namaste 10:30 Let's Get Moving 11:30 Table Talk 1:00 Serene Transitions <u>2:30 Cheese &amp; Cracker</u> <u>social</u> 3:30 Kick Ball 6:15 Tranquility Time	7:15 Breakfast Club 26 9:00 Namaste 10:30 Senior Stretch 11:30 Table Talk 1:00 Serene Transitions 2:00 Rainy Day Painting 3:15 Resident Choice 6:15 Tranquility Time	7:15 Breakfast Club 27 9:00 Namaste 10:30 <u>Lila's Guitar</u> 11:30 Table Talk 1:00 Serene Transitions 2:00 Remember When 3:15 Horse Race Game 6:15 Tranquility Time  <small>Arbor Day</small>	7:15 Breakfast Club 28 9:00 Namaste 10:30 Saturday Stretch 11:30 Table Talk 1:00 Serene Transitions 2:00 Good Old Day's 3:15 Sport Game 6:15 Tranquility Time
7:15 Breakfast Club 29 9:00 Namaste 10:30 Spiritual Sunday 11:30 Life Skills 1:00 Serene Transitions 2:00 Creative Corner 3:15 Remember When 6:15 Sunday Night Movie	7:15 Breakfast Club 30 9:00 Namaste 10:30 Sing-Along 11:30 Table Talk 1:00 Serene Transitions <u>2:30 Aerobics with Jorge</u> 3:30 Adult Coloring 6:15 Tranquility Time					